

Snoring Survey

Name _____ Date _____

Question 1. How common is snoring?

Question 2. What is snoring?

Question 3. Is snoring a normal part of sleeping, or is it an indication of a medical problem?

Question 4. Is snoring associated with sleeping problems, that is, with sleeping disorders?

Question 5. Are sleep disorders life threatening, or are they just annoying?

Question 6. Have you, or a member of your family, ever experienced a sleep disorder?